



WNY Flash Jr. Academy

Q and A

What is the WNY Flash Jr. Academy Program? The WNY Flash Jr. Academy is a soccer training program for young kids, born 2013-2010, which offers the building blocks of technical proficiency and tactical understanding. The Jr. Academy curriculum is designed to encourage a love for the game, positive training habits and teamwork skills needed to progress through all levels of youth soccer while having fun.

How do I know if my child is old enough for the Jr. Academy? Youth soccer uses birth-years to organize players for competitions. The youngest birth-year for the Jr. Academy in 2019/2020 is 2013. We understand that children develop at different rates, making some 2014s a good fit for the program. If you think your son/daughter is in this position, message Program Director, Gary Bruce.

How often does the Flash Jr. Academy Train? Our Jr. Academy runs in 6-week blocks and is a two day/week program, offering a training day and a game day event each week.

How is the WNY Flash Jr. Academy different from the SSP Champions League? The Champions League program is a great introduction to the sport of soccer. The WNY Flash Jr. Academy is a great introduction to the training method and session plans used by our Academy teams to develop players for high school and college. The program is implemented and led by our USSF 'A' License Jr. Program Director of Coaching, Gary Bruce - Program staff will include Gary Bruce, Leanne Ryan, Nate Holler, and volunteers from our High School Academy teams.

Why should my child join the WNY Flash Jr. Academy Program? Soccer is a sport that is rooted in technique, and this technical understanding best develops at a young age. The WNY Flash Academy has designed the Jr. Academy to be a combination of the best training by the best coaches in the best facilities, providing the best opportunity for young players. By building a foundation in technique, those who participate in the Jr. Academy will receive the instruction needed to excel as they progress through the various levels of youth soccer.

Does the WNY Flash Jr. Academy Program have competitive games? Yes, the Jr. Academy includes a weekend game day. It is important that the players have the opportunity to perform the skills that they are learning in a free-flowing and competitive environment on the weekend.

For any further questions or information, please contact gbruce@wnyflashsoccer.com