



WNY Flash Jr. Academy

Q and A

What is the WNY Flash Jr. Academy Program?

The WNY Flash Jr. Academy is a soccer training program for young kids, born between the years 2008-2011, which offers the building blocks of technical proficiency and tactical understanding. The Jr. Academy curriculum is designed to encourage a love for the game, positive training habits and the teamwork skills needed to progress through all levels of youth soccer while having fun.

How often does the Flash Jr. Academy Train?

Our Jr. Academy trains Wednesday evenings with a fun game day on Saturday mornings.

How is the WNY Flash Jr. Academy different from the SSP Champions League?

The Champions League program is a great first introduction to the sport of soccer. The WNY Flash Jr. Academy is a great introduction to the training method and session plans used by our Academy teams to develop players for high school and college. The program is implemented and led by our USSF 'A' License Jr. Program Director of Coaching, Gary Bruce, with oversight from our USSF 'A' License DoC, Rob Ferguson and USSF 'B' License candidate, Regan Steele. - Program staff will include Gary Bruce, Regan Steele, Leanne Ryan, Tara McPherson, and volunteers from our High School Academy teams.

Why should my child join the WNY Flash Jr. Academy Program?

Soccer is a sport that is rooted in technique, and this technical understanding best develops at a young age. The WNY Flash Academy has designed the Jr. Academy to be a combination of the best training by the best coaches in the best facilities, providing the best opportunity for young players. By building a foundation in technique, those who participate in the Jr. Academy will receive the instruction needed to excel as they progress through the various levels of youth soccer.

Does the WNY Flash Jr. Academy Program have competitive games? Yes, the Jr. Academy includes a weekend game in addition to the mid-week training. It is important that the players have the opportunity to perform the skills that they are learning during the week in a free-flowing and competitive environment on the weekend.

For any further questions or comments, please contact gbruce@wnyflashsoccer.com